

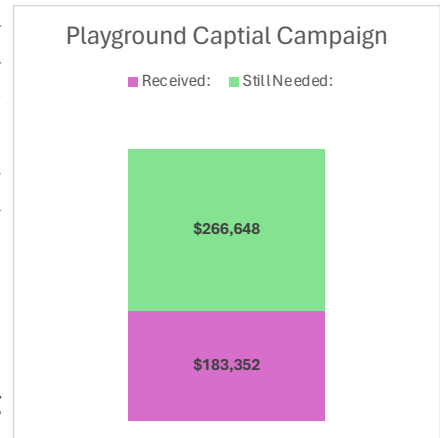


Fletcher Seventh-day Adventist Church

Newsletter

April 25, 2024

PLAYGROUND CAPITAL CAMPAIGN - We are in the third week of a five week campaign to double contributions for the playground each week. It isn't too late to participate. The total cost for the new playground and picnic pavilion behind the church will be \$450,000. As of today \$183,352 has been raised. The playground will make our church safer and more welcoming for children and their families. It will also provide an opportunity for us to serve and interact with our community.



HIKING CLUB - This Sabbath, **April 27**, is our scheduled church hike, meeting between 2:15 pm and 2:30, in the northside church parking lot, departing ASAP, carpooling as needed. This hike is a decision between an old standard, Bear Wallow Mountain, 1 mile up and 1 mile down with great vistas (and a few cows) OR a new endeavor approx. 30 min drive to Warren Wilson River Trail @ the college in Swannanoa beginning near Charles D. Owen Park, walking approximately 3- 5 miles (out and back) along Swannanoa River, a beautiful level walk. The weather is great and the company friendly so come and enjoy fellowship and God's creation in the Spring. Terry & Patricia Higgins, 828-674-4493 or 674-4559

THE FIRST - You are invited to join the Family Life Sabbath School on **May 3** at 6:00 pm for dinner and fellowship. Dinner will be rice and bean bowls. Please RSVP to: secretary@fletchersda.org

CAPTAIN GILMER CHRISTAN SCHOOL - invites you to their annual Spring Program at the Lelia Patterson Center on Friday, **May 10** at 6:30 pm. Come receive a blessing, and support our young people.

SDA COMMUNITY SINGLES - will be having a potluck on **May 4**. Location: Fletcher Church Fellowship Hall Time: 12:30 pm All singles are welcome. Please come and bring food to share and bring your single friends also. For more information please contact: Kathy Lynch, Singles Ministry Leader 828-693-9936 singles@fletchersda.org



FLETCHER FALCONS - are headed to the International Pathfinder Camporee! This August, the Fletcher Falcons are thrilled to join Pathfinders from around the globe at the International Pathfinder Camporee in Gillette,

Wyoming. Thank you to all those who have donated. If you would still like to contribute, donations can be made through a tithe envelope or [online](#). Our goal is to raise \$30,000 which will cover travel, accommodations, and other expenses, ensuring every Falcon has the chance to soar at this global event. Your support can make a world of difference. Thank you for considering a donation to help our Pathfinders shine on the international stage!



SUMMER CAMP

REGISTRATION - is now open at Nosoca Pines Ranch! We believe that camp is the perfect opportunity for children to make new friends, gain independence, develop new skills, and most importantly, learn more about Jesus! To secure a spot for an unforgettable summer please reach out to [Pastor James!](#)



POTLUCK - We expect to have extra guests in town this weekend because of the AcroKnights home show. Please bring extra food to share for potluck on **April 27**. Thank you! There will also be a special potluck on **May 4** because of the Health Emphasis Weekend with David Meinz.

CHURCH DIRECTORY - An online and secure church directory which provides contact information for the church family is available to all church members. If you would like to be included in the directory and/or have access to it, please contact the church office.

THE MEMORIAL SERVICE for Dean Flint will take place on **May 4**, at 3:00 pm, in the Upper Room, third floor, of Fletcher Park Inn. Dean passed away on February 29, 2024. We continue to pray for God to comfort his family, Deanna, Doug and Donna.



PRAYER REQUESTS

If you would like to be added to our prayer list, please speak with one of the pastors or contact the church office during office hours.

You are welcome to join us in praying for the following people:

- Individuals with private needs.
- *Also:*
- AdventHealth
- Annette Heller, friend of Greg & Connie Peters, cancer diagnosis;
- Bob & Joyce Osborne
- Brad Hansen
- Brexton Fleming, developmental challenges
- Brittany (Weis) Kinney
- Captain Gilmer Christian School
- Charlene Jenks Russ, cancer & chemotherapy
- Cheri Matthews recovery from surgery, her step-father (cancer) & mother
- Clifton Redden
- Colton Summey
- Darlene Nash
- Dave Pendleton's friends
- Debbie Shaw's friend
- Dolly Sills, pancreatic cancer, (sister of Don Wetmore)
- Elaine Myers
- Elizabeth Culver
- Ellen Herman, Maria Nudd's mother
- Fletcher Academy Ministries Inc.
- Gene Wilkie
- Gene and Anne Krashingner
- Hayden Brown
- Janis Moore's cousin Debi, brain tumor
- Jake and Velda Capps
- Jamie Schneider*
- Jim Archer
- John Campbell
- Julie C. with kidney failure, and her family for strength & comfort
- Kathy Ste*rner's sister-in-law, heart
- Lorraine Gang, Cancer Treatment
- Mike Summey
- Nancy Merz
- Noreen Harrison (in hospice care) and her children, Lori & Michael
- Opie Winston
- Our home-bound members
- Paula Saunders
- Radio Station WFHC
- Robin Fosler, cancer (sister of Tim Browning)
- Rodney Johnson, (brother of Sarah Huston)
- Rolene Hanson
- Shirley Polivka's friends Christine & Jad Davis
- Shari & Kyrie Ruiz
- Sharon Brinson
- Susan Chun's niece, Janice Chun, leukemia
- Steven Jones, military service
- Tara Rains
- Tim Browning
- Wendy Danner

*New

DAVID L. MEINZ

MS, RDN, FAND, CSP



Health promotion expert David Mainz speaks to businesses, associations, and churches. He has presented to audiences internationally from Denver to Dubai and from Kansas City to Kuwait City. David's formal education includes Masters degree (MS) in human nutrition from the University of Missouri, status as a Registered Dietitian Nutritionist (RDN), and he is a Fellow in the Academy of Nutrition and Dietetics. He is also a Certified Health Coach (CHC). David claims it's not what you eat between Christmas and New Year's that matters, but rather, what you eat between New Year's and Christmas! He is a member of Celebration SDA Church in Orlando, FL.

SABBATH, MAY 4

The Temple of the Holy Spirit

Worship Service - 10:50 am

Does God care about your health? Yes! National speaker and nutritionist David Mainz will present The Temple of The Holy Spirit on Sabbath, May 4th . He'll discuss the health benefits of faith, the wisdom of God's Word, and the body as God's temple; all delivered in his interesting and humorous style. David has appeared on Focus on the Family and The 700 Club and is a frequent guest on radio and television. Here's a great opportunity to bring your un-churched friends, too! Stay for the potluck and join us immediately afterward when David presents:

THE HEART OF AN ADVENTIST: Your Biggest Health Threat

Afternoon Program - 2:00 pm

More Christians die every day from this problem than all who were ever killed by the Roman gladiators! In spite of their better health, more Adventists still die from cardiovascular disease than anything else. The traditional approach of cholesterol control and statin therapy is inadequate for many people. Discover information that your physician probably doesn't even know! Really! A life-saving program.

SUNDAY, MAY 5

Vitamina: What You Need to Know about Supplements

Morning Program - 10:00 am

Did you know that 7 out of 10 Americans are low in Vitamin D, even in those who already take a vitamin D supplement? Did you know that two synthetic vitamins are actually better used by your body than natural ones? Did you know The Vitamin Shoppe contains over 7000 different products for you to choose from? It can get confusing! Come learn which supplements you need to take and which you don't need to bother with. An eye-opening presentation with information you can use today!

The Battle of the Bulge: Why People Over 50 Have Such a Hard Time Losing Weight...and What to do about it

Afternoon Program - 2:00 pm

About 80% of Americans struggle with their weight. And it gets harder as you get older. It's not how much weight you lose, it's how much weight you keep off. Learn the truth about low-carb diets, low-fat diets, Paleo, Keto, the intermittent-fasting approach, and why you should have your insulin measured, even if you don't have diabetes. A fun program that will help you win the battle of the bulge.

May 4 in the Evening and May 5 - CIMT Scans

Please leave items for Interfaith in the box in the coat closet near the narthex.

FOOD ITEMS

- Fresh Produce
- 1 lb. bags of rice
- Peanut Butter
- Canned Fruit
- Canned Tuna and Chicken
 - Canned Corn
- Canned Mixed Vegetables
 - Canned Beans
 - Canned Soup
- Canned Diced Tomatoes
 - Dry Pasta
 - Pasta Sauce
- Low-Sugar Cereal
 - Oatmeal

PERSONAL CARE ITEMS

- Diapers - Sizes 2,4,5,6 (no pull-ups)
 - Stick Deodorant
 - Shampoo
 - Bar Soap
 - Toothpaste
 - Toothbrushes
 - Razors
 - Baby wipes
- Gallon Ziploc Bags
- Brown Paper Bags

CLOTHING ITEMS

- Towels
- Men's Sneakers
- Queen and King Blankets
 - Tents

OTHER NEWS AROUND OUR COMMUNITY

A MEMORIAL SERVICE - for Albert Ellis will be held on **April 27** at 2:00pm at the Mount Pisgah Academy Church. If you cannot attend, but would like to be part of the day, it can be viewed on their livestream at mpasda.org or their YouTube channel at Mount Pisgah Academy Seventh-day Adventist Church.

2024 CAROLINA CONFERENCE CAMPMEETING - Camp Meeting is coming up very soon. Now is the time to make your arrangements for Lodging and Meal tickets, the due date for Meal Ticket reservations is **May 3, 2024**. Lake Junaluska offers Meals at Terrace Hotel Cafeteria - 3rd Floor, but if enough people stay in lodging with meals over 300 + (Terrace and Lambuth Inn) they will offer Sabbath Lunch in the Cafeterias of both Terrace and Lambuth Inn. For more information, please visit <https://www.carolinasda.org/camp-meeting>

ADVENTIST YOUNG PROFESSIONALS MISSION TRIP - May 22-27, 2024 During the 5 days together, you'll participate in a restoration project, outreach projects, and impactful worship. Beyond making a missionary impact in Miami, you'll have the opportunity to experience the sights of SoFlo alongside new friends from across North America and beyond! Visit [AYP.me/MissionTrip](https://ayp.me/MissionTrip) to learn more.

UPWARD ADVENTIST SCHOOL - is hiring a Teacher's Assistant for the 2024-25 school year. The position is for 28 hours per week, Monday - Thursday. Please send resumes to jwatson@carolinasda.org or contact Jennifer Watson at 828-388-5952 with any questions.

WHEN THE SPIRIT COMES

LAKE JUNALUSKA CAMP MEETING • MAY 26 - JUNE 1, 2024

SPEAKERS:
 Sunday - Thursday Evening — Andy Nash
 Friday Evening and Sabbath Morning — Alex Bryant
 Saturday Evening — Leslie Louis
 8 am Monday-Friday — Carolina Pastors
 11 am — Bill Knott

MUSICAL GUEST:
 Jennifer LaMountain

FOR RESERVATIONS AT LAKE JUNALUSKA
 CALL: 1-800-222-4930

LAKE JUNALUSKA CAMP MEETING
 MAY 26 - JUNE 1, 2024

SEMINARS:
 Education — Sandra Doran
 Family Ministries — Rudy & Janet Salazar
 Generous Living — Michael Harpe
 Health — David and Beverly Sidlack
 Outreach/Evangelism — David Klimek
 End It Now — Erica Smith
 Seminar Presenter — Ricardo Palacios
 Seminar Presenter — Ron Clouzet
 Seminar Presenter — Stephen Bauer

One Week Lay Evangelism Training

John Bradshaw Troy Brand David Hartman
 Eric Flickinger Douglas Na'a Alan Parker

Designed for busy people looking for intensive evangelism training in a short period of time. The program covers the basics of personal and public evangelism, the evangelism cycle, and tools for outreach in your local church and community.

- **Location:** Southern Adventist University, Hackman Hall, School of Religion.
- **Date:** May 12-28, 2024
- **Cost:** \$99 per person or \$500 per church (can send as many members)

SUNDAY: 3-8 PM
 MONDAY - FRIDAY: 6-9 PM
 SABBATH: 3-8 PM

Please register at salt.training
 Register closes on May 3rd, 2024

AYP ADVENTIST YOUNG PROFESSIONALS

July 19-21 2024

Houston Texas

AYP.me/Convention

@YP.SDA

THIS WEEK AT A GLANCE

Friday, April 26	7:30 am 8:13 pm	Praying Together on the Phone, call 425-436-6304 access code 684-0332# Sunset
Sabbath, April 27	9:30 am 10:50 am 12:30 pm 2:15 pm 8:13 pm	Sabbath School, all ages, classes listed in bulletin Worship Service, Sanctuary & Livestream, Pastor Ryan Ashlock Potluck, Fellowship Hall, Hiking Club Sunset
Sunday, April 28	7:00 pm 7:30 pm	AA Meeting, Room #118, Kris Wetmore Praying Together on the Phone, call 425-436-6304 access code 684-0332#
Monday, April 29	7:00 pm	Bible Study, God's Double Vocatives in Scripture, Conference Room, Mary Alice White
Tuesday, April 30	9:00am-1:00pm	Thrift Store, Doelger Drive, Gerald Moretz
Wednesday, May 1	6:00 pm 6:30 pm After Prayer Service	Pathfinder & Adventurer Clubs, Lower Level, Pastor James Reynaert Mid-week Prayer Service, Sanctuary, Pastor Ryan Ashlock Bible Study, Room #212, Mitchell Nicholaides
Thursday, May 2	6:45 am	Men's Bible Study, Conference Room, Pastor Ryan Ashlock
Friday, May 3	6:00 pm 7:30 am 8:19 pm	'The First', Fellowship Hall, Family Life Sabbath School Class Praying Together on the Phone, call 425-436-6304 access code 684-0332# Sunset
Sabbath, May 4	9:30 am 10:50 am 12:30 pm 2:00 pm 8:19 pm	Sabbath School, all ages, classes listed in bulletin Worship Service, Sanctuary & Livestream, David Meinz Potluck, Fellowship Hall <i>The Heart of an Adventist: Your Biggest Health Threat</i> , Youth Room, David Meinz Sunset

CHURCH BUDGET JULY 2023 - JUNE 2024

YTD through March:

Needed: 301,660.00

Received: 303,072.97

April:

Needed: 33,518.00

Received: 8,660.55

A copy of the Church Budget is available at the desk in the narthex.

You can make contributions online by going to fletchersda.org and clicking on "online giving" or

you can mail your tithe and offerings to:

Fletcher Seventh-day Adventist Church

1141 Howard Gap Road,

Hendersonville, NC 28792



Note: All appeals for funds are to be approved by the Finance Committee

Send tax deductible donation for WFHC Radio to:

PO Box 153, Naples, NC 28760